

Programs in a Box







Each box includes most of the supplies needed to complete the activities—other supplies are listed separately. While the boxes have a target age level, you are welcome to check out a box at another level if available. Program boxes may be reserved and checked out through the Emerson Resource Center 314.592.2378. Due to the value of materials in the boxes, a \$25 deposit is required at time of pick-up. The deposit will be refunded upon return of the box

Programs in a Box & Badge Correlations

Daisy Programs in a Box:

Animal Adventures (STEM)- Girls will learn about different animal sounds and create their own animals from items in nature. Girls will play a fun game of catch while learning all about birds and their habitats and learn about basic animal care by bandaging a dog's paw.

 <u>Badge/Journey Correlations</u>: Clover Petal, Sunny Petal & 5 Flowers, 4 Stories, 3 Cheers for Animals Journey

GoldieBlox – Making Things Zoom (STEM)- *Girls will become engineers and learn how things work.*

 <u>Badge/Journey Correlations</u>: Board Game Design Challenge, Model Car Design Challenge, Roller Coaster Design Challenge

Coin Celebration (Money Management)- *Girls get to learn fun facts about U.S. currency, touch and look at real coins, play fun games to know their value and then do a fun activity.*

• <u>Badge/Journey Correlations</u>: Money Counts Leaf

Strike a Pose (Health)- Who doesn't love having fun while also relaxing? Yoga has been known to help improve flexibility and balance, encourage a calming environment and more. Daisies will have fun as they play games and practice striking their best yoga poses.

• Badge/Journey Correlations: Gloria Petal

Brownie Programs in a Box:

Weather Bug (STEM)- Girls will start out talking about the day's weather report. Then, they will play weather Bingo; learn about solar power by using a solar bag balloon; complete a weather tracking challenge by learning different parts of a weather station; and create a rain cloud in a jar.

Badge/Journey Correlations: Home Scientist Badge & Wonders of Water Journey

GoldieBlox – Making Things Zoom (STEM)- *Girls will use their engineering skills by inventing, building and learning.*

<u>Badge/Journey Correlations</u>: Fling Flyer Design Challenge, Leap Bot Design Challenge,
 Race Car Design Challenge.

Needs vs Wants (Money Management)- This box is designed for Brownies to understand the difference between wants and needs. They will then learn how to comparison shop with food and play a fun money mat game.

• <u>Badge/Journey Correlations</u>: Money Manager badge

Get Up and Move (Health)- What girl doesn't love to get up and move? This activity will surely get your girls active and having fun while also helping their bodies to grow stronger in the process.

• <u>Badge/Journey Correlations</u>: It's Your World- Change It! Journey

Junior Programs in a Box:

Space Rocks! (STEM)- Girls get a taste of space engineering by making, launching and testing stomp rockets. Then, they will work in teams to design, build and test their own Mars landing craft.

• <u>Badge/Journey Correlations</u>: Product Designer Badge

Shop 'Til You Drop (Money Management)- This box will have the girls thinking about businesses and then shopping 'til they drop with a fun game. They can look at "real" money and see what is real and what isn't.

• Badge/Journey Correlations: Savvy Shopper badge

Healthy Eating (Health)- We all know that eating a well-balanced diet is important, but we don't always know what to eat. This activity will help educate girls on the types of food they need and the importance of eating healthy so they can keep their bodies strong.

Badge/Journey Correlations: Staying Fit Badge

Cadette Programs in a Box:

Dining Out (Money Management)- This program is designed to simulate dining out at a restaurant. Girls will role play between being a server, ordering, paying and learning how to tip. This is a fun activity to get ready and dine out with your girlfriends for a fun night! They then finish off the program with playing a money board game together.

• Badge/Journey Correlations: Budget badge

My Strong Body (Health)- Most girls don't think of the importance of strong bones and keeping their bodies moving. This activity will have the girls exploring the importance of this and track their steps and set new goals to keep their bodies healthy and strong.

Senior/Ambassador Programs in a Box:

Condensing Business (Money Management)- This box is designed for the older girls to start thinking about their future. They will look into business and how to compare what they offer for banking. They will then also look into loans and how to create a business with investors, like on the show Shark Tank. This is a fun, creative box for the girls to start thinking business.

 <u>Badge/Journey Correlations</u>: Senior Financing My Future Badge, Senior Buying Power Badge, Senior Business Etiquette Badge, Ambassador Good Credit Badge, Ambassador Research & Development Badge

Don't Stress About It (Health)- Between, school, work, friends and extracurricular activities, teens often feel stressed in their life but don't always know how to handle it. This activity will teach girls ways to de-stress with hands-on activities and the importance of learning how to manage their stress.

Multi-Level Programs in a Box:

Cadette, Junior, Brownie - Engineer Girls (STEM)- *Girls will take their engineering skills to the next level by learning about devices designed to help people adapt, like eyeglasses, and how they can improve these devices. The second activity is all about engineering in sports, and the principles of physics in how sports balls work.*

<u>Badge/Journey Correlations</u>: Cadette Field Day Badge, Cadette Woodworker Badge,
 Junior Product Designer Badge, Brownie Inventor Badge

Ambassador, Cadette, Junior - Fun with Forensics (STEM)- In these activities, girls will observe how temperature affects the blue light created by the chemical luminol; and they will observe how temperatures surrounding a "body" affect determining time of death.

 <u>Badge/Journey Correlations</u>: Ambassador Photographer Badge, Cadette Special Agent Badge, Junior Detective Badge

littleBits™ Box (STEM)- littleBits are small, magnetic, electronic modules that girls can put together to create circuits in seconds™. Girls will learn problem-solving, the basics of electronics, and foundations of critical thinking through using littleBits. Each box includes four basic littleBits kits, instruction book, "flash cards" for each component and spare batteries. Most appropriate for grades 2 and up.

The Amazing Human Body (STEM)- Explore some of the things about our bodies that make it so amazing. Why do our eyes see things that aren't happening? What happens to the food we eat once it enters our bodies? Activities include digestion investigation; x-ray puzzle and skeleton hands craft.

 <u>Badge/Journey Correlations</u>: Daisy Gloria Petal, Brownie Home Scientist Badge, Brownie Snacks Badge, Brownie My Best Self Badge

Super CSI (STEM)- Girls will learn to be a secret, special agent by using the power of keen observation, communicating in code and mastering the art of fingerprinting.

Badge/Journey Correlations: Junior Detective Badge, Cadette Special Agent Badge

5 Senses (STEM)- Girls get to try out each sense and determine which is the strongest. This box is a fun way to help girls try new activities.

 <u>Badge/Journey Correlations</u>: Daisy Mari Petal, Brownie Senses Badge, Junior Detective Badge, Cadette Digital Movie Maker Badge, Seniors Truth Seeker Badge, Ambassador Dinner Party Badge

Multi-Level - Banking and Buying (Money Management)- This is a box for all age levels, covering budgeting, counting and making change and learning about foreign money exchange rates. It also includes directions to make your own water bottle piggy bank.

 <u>Badge/Journey Correlations</u>: Daisy Lupe Petal, Brownie Money Manager Badge, Junior Savvy Shopper Badge, Cadette Budgeting Badge, Senior Traveler Badge, Ambassador Dinner Party Badge **Multi-Level - Budgets (Money Management)-** Let's start at the beginning and think about budgets – incoming and outgoing funds. Girls will be assigned careers, families, and responsibilities and determine how to make the finances work!

 <u>Badge/Journey Correlations</u>: Daisy Money Counts Leaf, Brownie Money Manager Badge, Junior Business Owner Badge, Cadette Budgeting Badge, Senior Financing My Future Badge, Ambassador On My Own Badge

Multi-Level - Wants vs Needs (Money Management)- How is a girl to decide what to buy? This box focuses on what we need and compares it to what we want. This is truly a life lesson.

 <u>Badge/Journey Correlations</u>: Daisy Making Choices Leaf, Brownie Money Manager Badge, Junior Savvy Shopper Badge, Cadette Budgeting Badge, Senior Financing My Future Badge, Ambassador On My Own Badge

Multi-Level - Safety First (Health)- Prepare for safety and have the girls succeed. Girls will work on a safety action plan with others in her house, learn about common injuries and how to apply first aid, make a first aid kit and, finally, find out why hand-washing is key.

 <u>Badge/Journey Correlations</u>: Daisy Safety Award Pin, Brownie First Aid Badge, Brownie Safety Award Pin, Brownie My Best Self Badge, Junior Safety Award Pin, Junior First Aid Badge, Senior First Aid Badge

Multi-Level - Social Butterfly (Health)- Manners first! Girls will focus on having nice manners by holding a conversation with others on a new topic and then learn about how words hold meaning and we can't take them away – even when we say mean things. Consider using this box for a dinner party to focus on table manners.

<u>Badge/Journey Correlations</u>: Junior Social Butterfly Badge

Multi-Level - Investiture & Rededication (Ceremonies)- Introduce this fantastic ceremony to your girls by allowing them to invest or rededicate another year in Girl Scouting. This is perfect for all Girl Scouts – first to thirteenth year!

• <u>Badge/Journey Correlations</u>: Junior Flowers Badge

Multi-Level - Community Service (Service)- *Girl Scouts is all about making the world a better place. Through the activities in this box, girls will explore what it means to help others. Activities include a bookmark service project, good deed beads, optional songs and word search.*

Multi-Level - Community Service/Animals (Service)- Let's build on a topic girls already love – animals – and keep making the world a better place. Girls will make a project to donate, learn about careers for animal lovers and dive into helping animals, near and far.

<u>Badge/Journey Correlation</u>: Daisy Rosie Petal, Daisy Sunny Petal, Daisy 5 Flowers, 4
 Stories, and 3 Cheers for Animals Journey, Brownie WOW Wonders of Water Journey,
 Brownie Pets Badge, Junior Animal Habitats Badge, Cadette Animal Helpers Badge,
 Senior Voice for Animals Badge, Ambassadors Water Badge

Multi-Level - Weather- Girls will learn about all things weather, including clouds, wind, and the water cycle. Activities include making a wind sock, weather-themed yoga, cloud art and a water cycle demonstration. This box was generously funded by Spire.

Multi-Level - Let's Go Camping (General)- Outdoor activities are a special part of being a Girl Scout. This box includes activities to teach girls basic outdoor skills, such as tying knots, building a campfire and kapers. The activities also include ideas for hiking and songs. This box is great for troops that are considering camping, not for troops that have been there, done that!

• <u>Badge/Journey Correlations</u>: Daisy Buddy Camper Badge, Brownie Cabin Camper Badge, Junior Camper Badge

Multi-Level - Self Esteem (General)- *Girls will learn the important art of "filling buckets" for themselves and others. Spread love and share messages of support within the troop.*

 <u>Badge/Journey Correlations</u>: Daisy Sunny Petal, Brownie My Best Self Badge, Junior Staying Fit Badge, Cadette Science of Happiness Badge, Senior Women's Health Badge