



COVID-19 Guidelines

As of October 1, 2023

Girl Scouts of Eastern Missouri continues to monitor COVID-19 and other communicable diseases through the [Centers for Disease Control](#), local public health departments, and counties and cities within our council jurisdiction.

COVID-19 cases in our community continue. Volunteers should take all reasonable precautions to limit potential exposure for girls, themselves, and families. The status of community spread and risk to participate in activities is continually changing. Girl Scouts should ensure they are following current guidance from GSEM as well as the CDC and local public health authorities for personal health and hygiene, and cleaning and disinfecting. Additionally, Girl Scouts should be prepared by having masks, hand sanitizer, and cleaning supplies available.

GSEM does not require COVID-19 vaccination for participation in programs or activities.

Regardless of vaccination status, you should isolate from others when you have COVID-19. You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results.

Anyone who tests positive for COVID-19 may not participate in any Girl Scout activity for at least five days from the date of the positive test. If the individual has been fever-free for 24 hours after five days, he or she may participate in Girl Scout activities, but must wear a high-quality [mask](#) while participating in activities until day 11. For more information, see [current CDC guidance](#).

Anyone who has had direct contact with someone with COVID-19 may continue to participate in Girl Scout activities but must wear a high-quality [mask](#) while indoors until day 11. For more information, see [current CDC guidance for exposure](#).

If the venue where you are holding a Girl Scout activity has additional COVID-19 guidelines, you should follow those venue-specific guidelines.

If you have any questions or concerns, or if any Girl Scout or participant is confirmed to be COVID-19 positive within five days of participating in a Girl Scout activity, please contact Lisa Namnath, Senior Manager of Risk Management at lnamnath@girlscoutsem.org.