

## Girl Health and Permission Form for Travel

This form should be carried by the trip leader when traveling if the trip exceeds three days and two nights or is international. A completed Girl Health History & Annual Permission Form, F-57, should accompany this form.

My daughter/ward \_\_\_\_\_ has permission to participate in the trip to \_\_\_\_\_ during dates \_\_\_\_\_ under the supervision of trip leader \_\_\_\_\_. She is in good physical health and has not had any serious illness, injury or surgery since her last health examination.

During the trip, I may be reached at phone number(s) \_\_\_\_\_.

**Permission for emergency medical treatment:** In the event of an emergency, every effort will be made to contact a parent/guardian or emergency contact, as listed on the F-57. If no contact can be made, I hereby give authorization to Girl Scouts of Eastern Missouri and/or the above-mentioned trip leader to seek treatment for my daughter/ward by a licensed physician pursuant to Missouri law (RsMO 431.061.1). I know of no reason why my daughter/ward may not participate in the trip.

Parent/guardian's signature: \_\_\_\_\_

Parent/guardian's printed name: \_\_\_\_\_

Date: \_\_\_\_\_

### Licensed Physician's Health Examination

Date of examination: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ B.P.: \_\_\_\_\_

Appearance - Nutrition: \_\_\_\_\_

Eyes: Without glasses: R 20/\_\_\_\_\_ L 20/\_\_\_\_\_ With glasses: R 20/\_\_\_\_\_ L 20/\_\_\_\_\_

Hearing: R \_\_\_\_\_ L \_\_\_\_\_

Code:  Satisfactory  Unsatisfactory  Not examined

Ears: \_\_\_\_\_

Nose: \_\_\_\_\_ Abdomen: \_\_\_\_\_ Throat: \_\_\_\_\_

Genitalia: \_\_\_\_\_ Teeth: \_\_\_\_\_ Hernia: \_\_\_\_\_

Lungs: \_\_\_\_\_ Heart: \_\_\_\_\_ Urinalysis: \_\_\_\_\_

HGB: \_\_\_\_\_ General Physical and Emotional Status: \_\_\_\_\_

Licensed physician's comments and recommendations (give details or indicate management of significant illness): \_\_\_\_\_

**This person is in satisfactory condition and may engage in all usual activities except as noted.**

Licensed physician's signature: \_\_\_\_\_

Date: \_\_\_\_\_