Superstar Troop Patch Program

The purpose of this patch program for Girl Scout “Superstar Troop” is designed to fit comfortably into a troop’s yearly plan of Girl Scout activities such as the cookie program, bridging, April Showers and service projects. First-year patch and age-level segment recognizes participation; succeeding years’ participation is recognized with an age-level segment for each year. All activities are designed to enhance and supplement ongoing troop programs. These requirements are the same for each year a troop participates in the Superstar Troop patch program (occasionally updated as need arises).

The Girl Scout program is based on the principles of the Girl Scout Promise and Law, Girl Scout Leadership Experience and the Journey program, which engages girls to Discover who they are and what they stand for, Connect with others and Take Action to make the world a better place. A Girl Scout leader helps girls in developing the necessary life skills to become the best they can be. The leader encourages girls to manage tasks, to challenge themselves and cheers their accomplishments. Journey resources, The Girl’s Guide to Girl Scouting and Program standards, found in Volunteer Essentials and established by the national organization, are guides for troops in judging and improving the quality of program for girls. They are intended to help leaders by indicating practices which experience has shown to be effective in achieving a well-rounded troop program; a “Superstar Troop!”

**Troop program should meet the needs and interests of girls, and include opportunities for:**

- A wide variety of fun activities
- Individual and group participation
- Value development and skill building
- Interaction with troops at the same and different levels.
- Exploration of potential roles of women
- Understanding and appreciation of several cultures other than their own
- Active participation in the community
Some responsibilities and requirements of a troop leader that do not directly touch on program, yet are vital for the troop’s well-being are:

- Recruits troop volunteers—hold parent meetings at least once a year to keep parents informed about program activities and to gain support for the troop
- Registers troop during assigned registration time
- Maintains current troop records
- Manages troop finances
- Participates in the annual cookie program
- Meets membership requirements
- Abides by national and local Girl Scout policies, standards and procedures
- Complete the Leader Prep Series—New Troop Leader Training, Grade Level Training and Troop Money Management
- Maintains knowledge of the troop level program through participation in Girl Scout adult education courses
- Attends and participates in Neighborhood/District Association meetings

Girls and their leaders should work as partners in planning a balance of activities that are girl-led. All girls should take part in service activities or projects. Such activities or projects should be based on the interest of the girls and the needs of the community. For more ideas, programs and activities within Girl Scouts and GSUSA visit girlscoutsem.org.

Requirements
The troop/group must complete 13 activities. There are six activities that are required, plus an additional seven of the troop’s choice. Do not use the same activity to fulfill more than one requirement. The application form must be filled out and signed by your Neighborhood Manager or designated service team member. Present completed form at the Girl Scout Shop to purchase patch and age-level segment.

Time Frame
October 1 – September 30 of each year. Because of the nature of the activities, it will take an entire year to complete the program.

Patch
One large metallic-threaded star with the words “Superstar Troop.” A small star that represents the age level may be placed around the perimeter of the large star. The color of the small stars will coincide with the disc colors of the membership stars.

Contacts
In addition to the Emerson Resource Center, questions about the program can be directed to Heather Eyster, Program Manager, 314.592.2312, heyster@girlscoutsem.org
Required Activities for Leaders and Troops

Activity 1: Girl Registration
- Registered a new troop OR
- Retained 90 percent of girls from last year still eligible to be in your troop (Doesn’t include girls who have bridged or moved) OR
- Added two girls who were not Girl Scouts to last year’s total

Activity 2: Adult Registration
- Troop has at least three registered adult volunteers: Leader, Assistant Leader, Troop Cookie Manager/Troop Fall Product Manager or Troop Support Volunteers

Activity 3: Adult Education
- Leader and/or Assistant Leader(s) combined attended two adult development courses or Council-sponsored adult enrichment events during the year. (One course each or one person attending two)

Activity 4: Neighborhood Meetings
- Leader, Assistant Leader or registered troop volunteer has attended three Neighborhood Association meetings during the year

Discover: A key to leadership

Activity 5: Cookie Program
- Troop participated in Cookie Program

Activity 6: Badge and Journey Completion
- 75 percent of Girl Scout Daisies received more than one Daisy Petal or participated in a Journey activity OR
- 75 percent of Girl Scout Brownies earned more than one badge or earned one Journey award during the year OR
- 75 percent of Girl Scout Juniors earned more than one badge or earned one Journey award during the year OR
- 75 percent of Girl Scout Cadettes completed one badge or earned one Journey award during the year OR
- 75 percent of Girl Scout Seniors completed one badge or earned one Journey award during the year OR
- 75 percent of Girl Scout Ambassadors completed one badge or earned one Journey award during the year
**Additional Activities for Leaders and Troops**

Choose at least seven of the following activities, for a total of 13 completed activities.

**Activity 1: Registration**  
- Troop registered by October 15 or within three weeks of first troop meeting

**Activity 2: Gifts for Girls**  
- Troop participated in Gifts for Girls—at least 90 percent of families made a contribution

**Activities Based on the Girl Scout Leadership Experience**

**Discover: A Key to Leadership**

**Activity 3: Fall Product Program**  
- Troop participated in Fall Product Program

**Activity 4: Outdoors**  
- Two troop meetings during the year have an outdoor theme (hiking, ecology, nature crafts, teaching out-of-door skills, etc.)

**Activity 5: Careers**  
- One troop meeting during the year has a theme based on careers

**Activity 6: STEM**  
- One troop meeting during the year has a theme based on science, technology, engineering or math

**Activity 7: Healthy Living**  
- One troop meeting during the year has a theme based on sports, First Aid, healthy living, safety or nutrition

**Activity 8: Look Forward**  
- Troop has discussed the activities available to them in the next program level

**Connect: A Key to Leadership**

**Activity 9: Bridging**  
- Troop participated in a bridging event or activity with another troop. The joint activity can be own bridging or assisting another troop(s)

**Activity 10: Events**  
- Troop participates in at least one all-school, neighborhood, district or Council-wide event
Activity 11: Travel
• Troop traveled locally or beyond

Activity 12: Summer Activity
• Troop planned and carried out at least one summer activity

Activity 13: Planning
• Troop uses a Girl Scout democratic form of government (Brownie ring, Patrol System-Court of Honor, Town Hall) to enhance girl/adult planning

Activity 14: Invite new girls
• Troop planned and carried out at least one activity to which new girls were invited to attend

Activity 15: International Activity/Juliet Low World Friendship Fund
• Troop participated in one international activity and donated to the Juliette Low World Friendship Fund

Take Action: A Key to Leadership

Activity 16: Service
• Troop participated and reported in Seasons of Giving with a minimum of two service projects AND Council-wide April Showers

Activity 17: Ceremony
• Troop planned and/or participated in at least three of the following ceremonies.
  • Flag Ceremony
  • Investiture
  • Rededication
  • Court of Awards
  • Scout’s Own
  • Thinking Day/World Association

Activity 18: Troop is Girl-led
• Troop helped design, vote on and evaluate activities (at least 50% of all troop activities are girl-led)
Superstar Troop Application

This form must be filled out and signed by your Neighborhood Manager or designated service team member. Present completed form at the Girl Scout Shop to purchase patch and age-level segment.

Leader Name:________________________________________

Troop Number:_______________ Age Level:_______________ District: _____ Neighborhood:_____

Neighborhood Manager Signature:________________________ Date:_____________________

**Required Activities**

1. Number of girls in troop:_______________ Number of girls registered last year:_______________

2. Troop Volunteers:
   a.____________________________________________________
   b.____________________________________________________
   c.____________________________________________________

3. Adult registration courses attended:
   a.____________________________________________________ Date:____________________
   b.____________________________________________________ Date:____________________

4. Dates of three Neighborhood meetings attended:
   a.____________________________________________________
   b.____________________________________________________
   c.____________________________________________________

5. Number of cookie packages sold by troop:__________________________

6. Percent of girls who earned more than one Daisy Petal, earned at least one badge or earned at least one Journey Award:__________________________
Additional Activities (a minimum of seven additional activities are required)

1. Date troop registered:______________________________________________

2. Number of families in troop:__________________________________________
   Number of families who contributed to Gifts for Girls:____________________

3. Number of candy/nuts sold:__________________________________________

4. Outdoor meeting themes and dates:
   a. __________________________________ Date: _____________________________
   b. __________________________________ Date: _____________________________

5. Career meeting theme
   a. __________________________________ Date: _____________________________

6. STEM meeting theme
   a. __________________________________ Date: _____________________________

7. Healthy living theme
   a. __________________________________ Date: _____________________________

8. Date of discussion of looking forward to:________________________________

9. Bridging date:______________  Sister troop:___________________________

10. School, Neighborhood, District or Council Event:________________________

11. Location of travel:________________________________ Date:______________

12. Summer activity:________________________________ Date:______________

13. Form of government used:___________________________________________

14. Event:________________________________________________________________
    Number of girls invited:__________ Number of girls who attended:____________
15. International activity: ____________________________________________

   Amount donated: ________________________________________________

16. Seasons of Giving project:

   Project: ___________________________ Agency: ______________________

   Project: ___________________________ Agency: ______________________

17. Ceremonies

   a. ___________________________ Date: ____________________________

   b. ___________________________ Date: ____________________________

   c. ___________________________ Date: ____________________________

18. Percentage of troop activities that were girl-led: ________________________