



Show Me Patch Program

The purpose of this patch program for Girl Scout Brownies is to discover the heritage of their state and community through a sample of easy to accomplish activities.

The Girl Scout program is based on the principles of the Girl Scout Promise and Law, Girl Scout Leadership Experience and the Journey program, which engages girls to Discover who they are and what they stand for, Connect with others and Take Action to make the world a better place. A Girl Scout leader helps girls in developing the necessary life skills to become the best they can be. The leader encourages girls to manage tasks, to challenge themselves and cheers their accomplishments. Journey resources, *The Girl's Guide to Girl Scouting* and Program standards, found in *Volunteer Essentials* and established by the national organization, are guides for troops in judging and improving the quality of program for girls. They are intended to help leaders by indicating practices which experience has shown to be effective in achieving a well-rounded troop program.

Troop program should meet the needs and interests of girls, and include opportunities for:

- A wide variety of fun activities
- Individual and group participation
- Value development and skill building
- Interaction with troops at the same and different levels.
- Exploration of potential roles of women
- Understanding and appreciation of several cultures other than their own
- Active participation in the community

Requirements:

A girl must complete three activities to earn this patch.

Time Frame:

October 1 – September 30 of each year. This program is printed online at www.girlscoutsem.org

Patch:

Upon completion, the Show Me Patch may be purchased through the Girl Scout Shop.



Contacts:

In addition to the Emerson Resource Center, questions about the program can be directed to Lucretia Penn, 314.592.2337 or lpenn@girlscoutsem.org

Activities: Choose at least 3 of the following activities

Activity 1:

- Draw a map of your own neighborhood. Be sure to include your house and your school. Does your neighborhood have a park, library, police station and fire station? Don't forget the grocery store and your favorite ice cream shop. Are there other important places of interest you want to include on your map?

Activity 2:

- Who were the first settlers of your community? Why did they come to the area? Do members of their families still live in the area? What remains of the original buildings and settlement?

Activity 3:

- Identify three food dishes which reflect the culture or heritage of your community. Prepare at least one of these dishes and share it with your family or troop.

Activity 4:

- Collect information (drawings, photos, actual examples, etc.) of at least five toys that are more than 20 years old. Make a reproduction of at least one of these toys.

Activity 5:

- Years ago there were no televisions, video games or iPods, but there were always enough people to play a game. Guessing games like charades and twenty questions were popular as well as active games like Duck, Duck, Goose. Find out how to play three games from long ago and play at least one of them.

Activity 6:

- The state bird of Missouri is the Eastern Bluebird. Can you find a picture of this bird? Go on a bird watching hike to find as many different kinds of birds as you can. Find out what Missouri's State Flower and Missouri's State Tree are and keep a lookout for those on your hike as well.

Activity 7:

- Have someone tell you what it was like to be a child more than 20 years ago. Before this visit, compile a list of questions you would like to ask them.

**Girl Scouts of Eastern Missouri
Patch Program Evaluation**

Indicate which Patch Program (check one)

- Show Me Paddle Wheels and Wagon Wheels Meet Me in St. Louis
 Economize Energy Juliette Low World Friendship Disability Awareness
 Superstar Troop

Troop #: _____ Leader Name: _____

As a leader, would you recommend this patch program to another troop? Yes ___ No ___

Number of girls who are participating in this survey:

___ Daisy ___ Brownie ___ Junior ___ Cadette ___ Senior ___ Ambassador

Read these questions to the Girl Scouts and record the total number of Yes and No answers to each question.

	Yes	No
1. While doing this patch, did you try something new?	_____	_____
2. Did you learn something that you will use outside of Girl Scouts?	_____	_____
3. While doing this patch, did you think about something in a new way?	_____	_____
4. Did the girls in your troop work together to complete this patch?	_____	_____
5. Did you talk to anyone outside your troop about what you learned?	_____	_____
6. Would you recommend this patch program to another girl?	_____	_____

Return completed form by mail or in person to the Girl Scout Shop, 2300 Ball Dr., St Louis, MO 63146.