



# Project Anti-Violence Education (PAVE)

Girl Scouts of Eastern Missouri's **PAVE curriculum enhances students' emotional literacy through robust activities** that increase their emotional vocabulary and understanding of visual cues like facial expression and body language, and auditory cues like voice tone. The curriculum exercises students' empathy muscles and provides opportunities for them to strengthen their connections with others. It **engages them in myriad ways to stand up and speak out** for who and what they believe in, in order to create school and community environments where **everyone feels safe, respected and valued**.

**Because of community support, we can offer this standards-aligned classroom curriculum for girls and boys at no cost to your school.** Our curriculum uses SEL Pedagogy, Positive Youth Development Framework and the Missouri Comprehensive School Counseling Program content.



## DISCOVER

Discover lessons are focused on understanding emotions and feelings.

This emotional literacy leads to the ability to:

- Self-regulate emotions
- Make better/pro-social decisions
- Prevent violence
- More effectively/safely intervene in violent situations



## CONNECT

Connect lessons are focused on how students strengthen and flex their \*empathy muscles,\* in support of nourishing their relationships with others:

This empathy conditioning leads to the ability to:

- Notice when others are feeling emotions
- Identify others' emotions correctly
- Care about/value others' feelings
- Prevent violence
- More effectively/safely intervene in violent situations



## TAKE ACTION

Take Action lessons are focused on how students learn to speak up for the things and people they believe in, while also actively listening to how others think and feel.

The power to speak up and listen well leads to the ability to:

- Engage confidently as leaders
- Make changes in their communities
- Create spaces where everyone feel safe, respected, and valued
- Prevent violence
- More effectively/safely intervene in violent situations