Helping Hands Patch Program

The purpose of this patch program is to increase adult involvement in Girl Scout Troop Activities. Girl Scouts of all levels may participate in this program.

This patch program was introduced by legacy council, Girl Scouts of Becky Thatcher Area. It is adapted for use by Girl Scouts of Eastern Missouri.

Troop leaders are extremely busy people with families and multiple commitments. Adults who participate in this program will help give support to troop leaders, expand troop program opportunities and help with retention of girls and adults. It is very important to have the support and assistance from other adults so troop leaders can focus on providing a quality program.

The Girl Scout program is based on the principles of the Girl Scout Promise and Law and the Girl Scout Leadership Experience, which engages girls to Discover who they are and what they stand for, Connect with others and Take Action to make the world a better place. A Girl Scout leader helps girls in developing the necessary life skills to become the best they can be. The leader encourages girls to manage tasks, to challenge themselves and cheer their accomplishments. Journey resources, The Girl’s Guide to Girl Scouting and Program Standards, found in Volunteer Essentials and established by the national organization, are guides for troops in judging and improving the quality of program for girls. They are intended to help leaders by indicating practices which experience has shown to be effective in achieving a well-rounded troop program.

Requirements:
The Girl Scout’s family member or adult friend must complete Activity 1 under Required Activities, plus two activities under Optional Activities: Section 1 and four activities under Optional Activities: Section 2 during the course of the membership year (October 1-September 30).

Time frame:
October 1-September 30

Contacts:
In addition to the Emerson Resource Center, questions about the program can be directed to Heather Eyster, 314.592.2312 or heyster@girlscoutsem.org
Required Activities

Activity 1: Register
- Register as an adult member of the troop/group and complete the Volunteer Background and Screening process.

Optional Activities: Section One
Choose at least two of the following activities

Activity 1: Serve as troop/group leader, Assistant, Co-leader or Neighborhood Team Chair.

Activity 2: Serve as troop/group Cookie Activity Chair.

Activity 3: Serve as troop/group Fall Activity Chair.

Activity 4: Contribute to Girl Scouts of Eastern Missouri annual giving/family partnership.

Activity 5: Accompany the troop/group on an event or trip.

Activity 6: Certify and serve as the Level 1 First Aider for the troop/group.

Activity 7: Take a Council-sponsored adult development course or workshop to aid the troop with program (see the current issue of *Lead & Learn* for listings).

Optional Activities: Section Two
Choose at least four of the following activities

Activity 1: Provide transportation for troop trips / outings at least one time.

Activity 2: Help with troop telephoning/communications at least one time.

Activity 3: Collect craft items for troop/group program activities.

Activity 3: Assist with paperwork or recordkeeping at least one time annually.

Activity 5: Attend a leader’s meeting in your community when the troop leader cannot attend.

Activity 6: Assist with a troop/group money-earning project.

Activity 7: Provide childcare for the adult leadership during a training or troop function.

Activity 8: Locate resource people for troop program activities.

Activity 9: Assist with April Showers or a service project/special event.

*Upon completion, the Helping Hands patch may be purchased from the Girl Scout Shop. Girl Scouts of Eastern Missouri*
Helping Hands Patch Program Evaluation

Thank you for your support of this Girl Scout troop. Your participation helps expand troop program opportunities and increase the quality of the troop program.

Please answer the questions below. Return the survey to the troop leader.

The troop number: 
District ____ Neighborhood ____ OR School ____

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<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>Did you enjoy helping the troop?</td>
<td></td>
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<tr>
<td>Do you feel you’ve been able to give back to your community through this program?</td>
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<td>Did you receive rewards you do not typically get in other aspects of your life?</td>
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<td>Did your service enable the Girl Scouts to participate in a new activity?</td>
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<tr>
<td>Did you develop new skills that you can use in other aspects of your life?</td>
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<td>Will you participate in the patch program next year?</td>
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Comments:

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KW/nr
9/11/07