



COVID-19 Guidelines

1. Masks

- a. Masks are optional at Girl Scouts of Eastern Missouri properties and facilities, including our three camps. We will continue to monitor CDC guidelines as they pertain to use of masks.
- b. Recognizing that our geographic area includes 28 counties and the City of St. Louis, when participating in Girl Scout activities, participants must follow the stricter guidelines of 1) the facility where the event is being held or 2) the local county/municipal/jurisdictional guidance.

2. GSEM COVID-19 Participation Information

- a. No participant, whether child or adult, should be permitted to attend any Girl Scout meeting or activity if any of the following are true:
 - i. The participant has had a fever of 100.4°F or greater within the last 24 hours (the 24 hours with no fever should be without the use of fever-reducing medications)
 - ii. The participant has had any one or a combination of other symptoms of COVID-19 within the last 72 hours. Possible symptoms include cough, shortness of breath or difficulty breathing, chills, fatigue, muscle aches or pain, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
 - iii. The participant tested positive for COVID-19 or has symptoms, regardless of vaccination status. The participant should stay home for 5 days and isolate from others. Day 0 is the first day of symptoms or a positive viral test. Day 1 is the first full day after symptoms developed, or the test specimen was collected.
 - iv. The participant was exposed to COVID-19, and is not up to date on COVID-19 vaccinations. The participant should stay home and quarantine for at least 5 full days. The date of exposure is considered day 0. Day 1 is the first full day after last contact with the person who has had COVID-19.

1. The CDC defines “exposure” as contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus. “Close contacts” are someone who was less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period.
2. NOTE: If the participant was exposed to COVID-19 and is up-to-date on COVID-19 vaccinations, the participant does NOT need to quarantine.
3. See CDC guidelines on up-to-date COVID-19 vaccinations: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
4. See CDC guidelines on quarantine and isolation: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>.

3. Documentation and Records

- a. Previously maintained COVID-19-related documentation, e.g. the Participant Screening Tools and Logs, should be securely retained for a minimum of 90 days after the Girl Scout activity for which they were completed.
- b. Participant Screening Tools and Logs are no longer required.
- c. Troop leaders should retain annually a copy of the Girl Health History & Annual Permission Form, including the additional COVID-19 Girl Health History Addendum, for every girl in their troop.

4. Social Distancing

- a. Social distancing should still be practiced at both indoor and outdoor Girl Scout activities whenever possible.

5. Maximum Capacity for Groups

- a. There is not a maximum capacity for group size.

6. Events and Outings at Non-GSEM Sites

- a. Call ahead to the facility or vendor to confirm the guidelines they have in place. GSEM encourages individuals and groups to use facilities and vendors that are following CDC and local safety guidelines.

7. Overnights & Travel

- a. GSEM will continue to monitor the state of the COVID-19 pandemic, as well as guidance from GSUSA and the CDC, and may modify this guidance and permitted activities as circumstances change. Troop travel must be approved by Council and will be approved on a case-by-case basis, considering several factors including health and safety guidance for both our area and the destination.
- b. To review what is required for troop travel approval, please visit GSEM's Travel page.
- c. If any guidelines at your stops/destinations are more restrictive, follow the local restrictions. It is the responsibility of the troop leader to know what the local restrictions are at the troop's stops and destinations.
- d. As always, participants must also follow all guidance in Safety Activity Checkpoints.

8. Reporting and Communicating a Positive COVID-19 Test

- a. In the event of a COVID-19 positive test result within a member's household, after that member of the household participated in a GSEM event, promptly contact Girl Scouts of Eastern Missouri's Senior Manager, Risk Management, Dan Sise, dsise@girlscoutsem.org, to receive explicit guidance.
- b. A Council staff member and NOT volunteers, will be responsible for:
 - i. Gathering contact information,
 - ii. Contacting the parents/caregivers of anyone who may have been exposed (or other volunteers)

9. Camp Protocols

- a. All units and buildings at camp are open. Capacities can be found on the camp maps at <https://www.girlscoutsem.org/en/camp/camp-properties.html> and will be updated in Doubleknot to reflect full capacity.
- b. All previously closed units will be opened for overnight reservations on April 1. If you had a previous reservation for these units and were asked to release it, you will have to reserve the unit(s) or contact the Answer Center to assist you in reserving the unit(s) again.
- c. Temperatures will no longer be taken and recorded at camp.
- d. See Section 2 above regarding participation guidelines.

10. Camp Refund Protocol

- a. Our refund protocol is updated, and applies to all events and troop camping as of that date (i.e. no grandfathering).
 - i. Refund deadline for events: Full refund if you cancel more than 4 months prior to the date of your reservation.
 - ii. Refund deadline for troops: Full refund if you cancel more than 6 weeks prior to the date of your reservation.
- b. If a troop or event must cancel the reservation, a written request should be sent to the Answer Center at answercenter@girlscoutsem.org. If the licensed troop camper or another registered adult is unable to attend due to an illness or injury, a written statement from a physician regarding the health of the individual is required to accompany the written cancellation request. Full refunds will be issued after receipt and approval of the cancellation.