

The “Superstar Troop” program is designed to fit comfortably into a troop’s yearly plan of Girl Scout activities such as the Cookie Program, bridging, April Showers and service projects. The first-year patch and age-level segment recognizes participation; succeeding years’ participation is recognized with patch add-ons for each year. All activities are designed to enhance and supplement ongoing troop programs. These requirements are the same for each year a troop participates in the Superstar Troop Patch Program (occasionally updated as need arises.)

The Girl Scout program is based on the principles of the Girl Scout Promise and Law, Girl Scout Leadership Experience, and the Journey program, which engages girls to discover who they are and what they stand for, connect with others and take action to make the world a better place. A Girl Scout Leader helps girls in developing the necessary life skills to become the best they can be. The Leader encourages girls to manage tasks, to challenge themselves and cheers their accomplishments. Journey resources, *The Girl’s Guide to Girl Scouting* and *Program* standards, found in *Safety-Wise*, and established by the national organization, are guides for troops in judging and improving the quality of program for girls. They are intended to help Leaders by indicating practices which experience has shown to be effective in achieving a well-rounded troop program - a “Superstar Troop!”

Troop program should meet the needs and interests of girls, and include opportunities for:

- Experimentation with fun activities
- Participation by individuals and the group
- Creation of values and improving skills
- Interaction with troops at the same and different age levels
- Exploration of roles and potential of women
- Appreciation of several cultures other than their own
- Participation in the community

Troop plans should include ceremonies such as:

- *Investiture for new members to make the Girl Scout Promise and receive their pins*
- *Rededication for girls continuing the program*
- *Court of Awards for earned insignia*
- *Bridging for girls moving to the next level of Girl Scouting*
- *Girls Scouts’ Own*

Some responsibilities and requirements of a Troop Leader that do not directly touch on program, yet are vital for the troop’s well-being are:

- Recruits Troop Committee – Hold parent meetings at least annually to keep parents informed about program activities and to gain support for the troop
- Registers troop during assigned registration time
- Maintains current troop records
- Manages troop finances
- Participates in the annual Cookie Program
- Meets membership requirements
- Abides by national and local Girl Scout policies, standards and procedures
- Attends “Introduction to Girl Scouting” and “Job Orientation for Troop Leaders”
- Maintains knowledge of the troop level program through participation in Girl Scout Adult Education courses
- Attends and participates in Neighborhood Association meetings

Girls and their Leaders should work as partners in planning a balance of activities that are girl-led. All girls should take part in service activities or projects. Such activities or projects should be based on the interest of the girls and the needs of the community. For more ideas, programs and activities within Girl Scouts of Eastern Missouri and Girl Scouts of the USA, visit www.girlscoutsem.org. Contact: Joyce Rich, 314.592.2360, jrich@girlscoutsem.org

Girl Scouts of Eastern Missouri Superstar Troop Application

The troop/group must complete 12 activities. The six starred are required, plus an additional six of the troop's choice. Do not use the same activity to fulfill more than one requirement. This form must be filled out and signed by your Neighborhood Chair or designated service team member. Present completed form at the Girl Scout Shop.

Leader Name _____

Troop Number _____ Age Level D B J C S A District _____ Neighborhood _____

Neighborhood Chair Signature _____ Date _____

Indicate number of years your troop has participated in Superstar Troop _____

1. Troop registered by Oct. 15 or within three weeks of first troop meeting. Date Registered _____

- * 2. Registered an average size troop (See Safety-Wise) **OR**
Add two girls who were not Girl Scouts to last year's total **OR**
Retain 90% of girls from last year still eligible to be in your troop (Doesn't include girls who have bridged or moved.)
of girls registered in troop _____ # of girls registered in troop last year _____

- * 3. Registered a Troop Committee of at least four adults: Leader (01), Co-Leader (02), a Cookie Manager/Fall Sale Manager or Troop Committee Chair (03) and Family Partnership Manager (04)
Troop Committee: _____

- * 4. Leader and/or Co-Leader(s) combined attended two Adult Education courses or council-sponsored adult enrichment events during the year. (One course each or one person attending two.)
Course Attended _____ Dates _____

- * 5. Leader, Co-Leader or registered Troop Committee Member has attended four Neighborhood Association Meetings during the year.
Dates _____ Who Attended _____

- * 6. Troop participated in Cookie Program. # of cookie cases sold _____

7. Troop participated in Family Partnership – at least 90% of troop families made a contribution.
of families in troop _____ # of families that contributed _____

8. Troops participated in Fall Sale. # of nuts/candy sold _____

9. Troop used technology in some of the following areas: planning, registering, record-keeping, information-sharing, Fall Product Sale, Cookie Program or other.
Type of activity _____ Technology _____

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10. Troop participated and reported in Seasons of Giving with a minimum of two service projects AND April Showers.

Project _____ Agency Served _____

11. Troop participated in one international activity and made a donation to the Juliette Low World Friendship Fund.

Activity _____ Amount of Donation _____

12. Troop participated in a bridging event or activity with another troop. The joint activity can be the troop's own bridging or assisting another troop(s).

Bridging Activity _____ Sister Troop _____

13. Troop participates in at least one all-school, Neighborhood, District or council-wide event.

Event _____ Date _____

14. Troop traveled locally or beyond.

Location(s) _____

15. Two troop meetings during the year have an outdoor theme (hiking, ecology, nature crafts, teaching out-of-door skills, etc.)

Meeting Theme _____ Date _____

16. One troop meeting during the year has a theme based on careers.

Meeting Theme _____ Date _____

17. One troop meeting during the year has a theme based on science, technology, engineering, math or computers.

Meeting Theme _____ Date _____

18. One troop meeting during the year has a theme based on sports, First Aid, healthy living, safety or nutrition.

Meeting Theme _____ Date _____

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19. Troop planned and/or participated in at least three of the following ceremonies:

- A. Flag Ceremony
- B. Investiture
- C. Rededication
- D. Court of Awards
- E. Scout's Own
- F. Thinking Day/World Association

Ceremony	Dates
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20. Troop planned and carried out at least one summer activity.

Activity _____ Date _____

21. Troop helped design, vote on and evaluate activities (at least 50% of all troop activities are girl-led).

of activities: _____

22. Troop members prepared for and served in leadership roles in their troop.

Meeting dates and leadership roles

23. Troop uses a Girl Scout democratic form of government (Brownie ring, Patrol System-Court of Honor, Town Hall) to enhance girl/adult planning. Form of government used: _____

24. Troop planned and carried out at least one activity to which new girls are invited to attend.

Activity _____ # of new girls invited _____

- * 25. A. 75% of Girl Scout Daisies maintained a scrapbook or participated in a Journey activity during the year
- B. 75% of Girl Scout Brownies received more than one Try-It or participated in a Journey activity during the year
- C. 75% of Girl Scout Juniors earned more than one badge or participated in a Journey activity during the year
- D. 75% of Girl Scout Cadettes completed one requirement toward the Girl Scout Silver Award during the year
- E. 75% of Girl Scout Seniors completed one requirement toward the Girl Scout Gold Award or participated in a Journey activity during the year
- F. 75% of Girl Scout Ambassadors completed one requirement toward the Girl Scout Gold award or participated in a Journey activity during the year

% of girls earning or working toward designated recognition _____

26. Troop has discussed the activities available to them in the next program level. Date _____

27. Troop completed and submitted the Troop Outcomes Survey on www.girlscoutsem.org (available March - April)

Date _____

PATCH DESIGN: One large metallic-threaded star with the words "Superstar Troop." In succeeding years, a small metallic-threaded star will be awarded to be worn around the perimeter of the large star. The color of the small stars will coincide with the disc colors of the membership stars.

TIME FRAME: Sept. 1 – Aug. 31 of each year. Because of the nature of the activities, it will take an entire year to complete the program. This program is printed each year in the March **Buzz Neighborhood Announcements** and available at Neighborhood Association Meetings or online at www.girlscoutsem.org.