Superstar Troop Patch Program

The purpose of this patch program for Girl Scout “Superstar Troop” is designed to fit comfortably into a troop’s yearly plan of Girl Scout activities such as the cookie program, bridging, April Showers and service projects. First-year patch and grade-level segment recognizes participation; succeeding years’ participation is recognized with an age-level segment for each year. All activities are designed to enhance and supplement ongoing troop programs. These requirements are the same for each year a troop participates in the Superstar Troop patch program (occasionally updated as need arises).

The Girl Scout program is based on the principles of the Girl Scout Promise and Law, Girl Scout Leadership Experience and the Journey program, which engages girls to Discover who they are and what they stand for, Connect with others and Take Action to make the world a better place. A Girl Scout leader helps girls in developing the necessary life skills to become the best they can be. The leader encourages girls to manage tasks, to challenge themselves and cheers their accomplishments. Journey resources, The Girl’s Guide to Girl Scouting and Program standards, found in Volunteer Essentials and established by the national organization, are guides for troops in judging and improving the quality of program for girls. They are intended to help leaders by indicating practices which experience has shown to be effective in achieving a well-rounded troop program; a “Superstar Troop!”

Troop program should meet the needs and interests of girls, and include opportunities for:

- A wide variety of fun activities
- Individual and group participation
- Value development and skill building
- Interaction with troops at the same and different levels.
- Exploration of potential roles of women
- Understanding and appreciation of several cultures other than their own
- Active participation in the community

Troop plans should include ceremonies such as:

- Investiture for new members to make the Girl Scout Promise and receive their pins
- Rededication for girls continuing the program
- Court of Awards for earned insignia
- Bridging for girls moving to the next level of Girl Scouting
- Girl Scouts’ Own

Some responsibilities and requirements of a troop leader that do not directly touch on program, yet are vital for the troop’s well-being are:
- Recruits Troop Committee—Hold parent meetings at least once a year to keep parents informed about program activities and to gain support for the troop
- Registers troop during assigned registration time
- Maintains current troop records
- Manages troop finances
- Participates in the annual cookie program
- Meets membership requirements
- Abides by national and local Girl Scout policies, standards and procedures
- Complete the Leader Prep Series- Girl Scouting 101, Introduction to GS, and Journey Immersion workshop
- Maintains knowledge of the troop level program through participation in Girl Scout adult education courses
- Attends and participates in Neighborhood Association meetings

Girls and their leaders should work as partners in planning a balance of activities that are girl-led. All girls should take part in service activities or projects. Such activities or projects should be based on the interest of the girls and the needs of the community. For more ideas, programs and activities within Girl Scouts and GSUSA visit www.girlscoutsem.org.

Requirements:

The troop/group must complete 13 activities. There are six activities that are required, plus an additional seven of the troop’s choice. Do not use the same activity to fulfill more than one requirement. The application form must be filled out and signed by your Neighborhood Chair or designated service team member. Present completed form at the Girl Scout Shop to purchase patch and age-level segment.

Time Frame:

October 1 – September 30 of each year. Because of the nature of the activities, it will take an entire year to complete the program. This program is printed online at www.girlscoutsem.org

Patch:

One large metallic-threaded star with the words “Superstar Troop.” A small star that represents the age level may be placed around the perimeter of the large star. The color of the small stars will coincide with the disc colors of the membership stars.

Contacts:

In addition to the Emerson Resource Center, questions about the program can be directed to Lucretia Penn, 314.592.2337 or lpenn@girlscoutsem.org

Required Activities for Leaders and Troops:

Leaders and troops are required to complete activities 1-6 in this section.

Activity 1: Girl Registration

- Registered a new troop OR
• Retained 90% of girls from last year still eligible to be in your troop (Doesn’t include girls who have bridged or moved) OR
• Added two girls who were not Girl Scouts to last year’s total

Activity 2: Adult Registration

• Registered a Troop Committee of at least three adults: Leader (01) Co-Leader (02) a Cookie Manager/Fall Product Manager (03) OR Troop Committee Chair (03) Family Partnership Manager (03)

Activity 3: Adult Education

• Leader and/or co-leader(s) combined attended two adult development courses or Council-sponsored adult enrichment events during the year. (One course each or one person attending two)

Activity 4: Neighborhood Meetings

• Leader, co-leader or registered troop committee member has attended three Neighborhood Association meetings during the year

Discover: A key to leadership

Activity 5: Cookie Program

• Troop participated in Cookie Program

Activity 6: Badge and Journey Completion

• 75% of Girl Scout Daisies received more than one Learning Petal or participated in a Journey activity OR
• 75% of Girl Scout Brownies earned more than one badge or earned one Journey award during the year OR
• 75% of Girl Scout Juniors earned more than one badge or earned one Journey award during the year OR
• 75% of Girl Scout Cadettes completed one badge or earned one Journey award during the year OR
• 75% of Girl Scout Seniors completed one badge or earned one Journey award during the year OR
• 75% of Girl Scout Ambassadors completed one badge or earned one Journey award during the year

Optional Activities for Leaders and Troops:

Choose at least seven of the following activities, for a total of 13 completed activities.

Activity 1: Registration

• Troop registered by October 15 or within three weeks of first troop meeting

Activity 2: Family Partnership
• Troop participated in Family Partnership – at least 90% of families made a contribution

**Activity 3: Technology**

• Troop used technology in some of the following areas: planning, registering, record-keeping, info-sharing, product, cookie or fall product program activity, other

**Activity 4: Girl Scout Leadership Experience**

Troop members participated in the Girl Scout Leadership Experience (GSLE) by focusing on the following

• Leadership outcomes: (see GSEM website, www.girlscoutsem.org for list of 15 outcomes)
• List at least one outcome for each of the three leadership Keys: Discover + Connect + Take Action

The following Activities are based on the GSLE’s Discover:

**A Key to Leadership**

**Activity 5: Fall Product Program**

• Troops participated in Fall Product Program

**Activity 6: Outdoors**

• Two troop meetings during the year have an outdoor theme (hiking, ecology, nature crafts, teaching out-of-door skills, etc.)

**Activity 7: Careers**

• One troop meeting during the year has a theme based on careers

**Activity 8: STEM**

• One troop meeting during the year has a theme based on science, technology, engineering, math, or computers

**Activity 9: Healthy Living**

• One troop meeting during the year has a theme based on sports, First Aid, healthy living, safety or nutrition

**Activity 10: Look Forward**

• Troop has discussed the activities available to them in the next program level

**Connect: A Key to Leadership**
Activity 11: Bridging

- Troop participated in a bridging event or activity with another troop. The joint activity can be own bridging or assisting another troop(s)

Activity 12: Events

- Troop participates in at least one all-school, neighborhood, district or Council-wide event

Activity 13: Travel

- Troop traveled locally or beyond

Activity 14: Summer Activity

- Troop planned and carried out at least one summer activity

Activity 15: Planning

- Troop uses a Girl Scout democratic form of government (Brownie ring, Patrol System-Court of Honor, Town Hall) to enhance girl/adult planning

Activity 16: Invite new girls

- Troop planned and carried out at least one activity to which new girls were invited to attend

Activity 17: International Activity/Juliet Low World Friendship Fund

- Troop participated in one international activity and made a donation to the Juliette Low World Friendship Fund

Take Action: A Key to Leadership

Activity 18: Service

- Troop participated and reported in Seasons of Giving with a minimum of two service projects AND Council-wide April Showers

Activity 19: Ceremony

- Troop planned and/or participated in at least three of the following ceremonies.
  - Flag Ceremony
  - Investiture
  - Rededication
  - Court of Awards
  - Scout’s Own
  - Thinking Day/World Association

Activity 20: Troop is Girl-led

- Troop helped design, vote on and evaluate activities (at least 50% of all troop activities are girl-led)
Superstar Troop Application

This form must be filled out and signed by your Neighborhood Chair or designated service team member. Present completed form at the Girl Scout Shop to purchase patch and age-level segment.

Leader Name: ____________________________________________

Troop Number: ________ Age Level D B J C S A District: ________ Neighborhood: ________

Neighborhood Chair Signature: ____________________________ Date: ______________________

Indicate number of years your troop has participated in Superstar Troop: __________________

Required Activities

1) Number of girls registered in troop: ________ Number of girls registered last year: ________

2) Troop Committee
   1. __________________
   2. __________________
   3. __________________

3) Adult registration courses attended:
   1. __________________ Date: __________________
   2. __________________ Date: __________________

4) Dates of three Neighborhood meetings attended:
   1. ________________ 2. ________________ 3. ________________ 4. ________________

5) Number of packages of cookies sold by troop: __________________

6) Percent of girls who earned more than one Daisy Learning Petal, earned at least one badge or earned at least one Journey Award: __________________

Optional Activities (a minimum of seven optional activities are required)

1) Date Troop Registered: __________________

2) Number of Families in troop:
   Number of families contributed to Family Partnership: __________________

3) Technology used: __________________

4) One outcome for each of the three leadership keys (Discover, Connect, Take Action)
   1. __________________ 2. __________________ 3. __________________

5) Number of candy/nuts sold: __________________

6) Outdoor meetings themes and dates 1. ________________ 2. ________________

7) Career meeting theme: __________________ Date: __________________

8) STEM meeting theme: __________________ Date: __________________

9) Healthy Living theme: __________________ Date: __________________

10) Date of discussion of looking forward: __________________

11) Bridging Date: ________________ Sister Troop: __________________

12) School, Neighborhood, District or Council Event: __________________

13) Location of travel: __________________ Date: __________________

14) Summer Activity: __________________ Date: __________________

15) Form of Government used: __________________

16) Event: __________________ Number of new girls invited: ________ Attended: ________

17) International Activity: __________________ Amount Donated: __________________

18) Seasons of Giving project:
2. 
3. 

20) Percentage of troop activities that were girl-led: ____________________________
Girl Scouts of Eastern Missouri
Patch Program Evaluation

Indicate which Patch Program (check one)

☐ Show Me  ☐ Paddle Wheels and Wagon Wheels  ☐ Meet Me in St. Louis
☐ Economize Energy  ☐ Juliette Low World Friendship  ☐ Disability Awareness
☐ Superstar Troop

Troop #:________________  Leader Name:__________________________________________

As a leader, would you recommend this patch program to another troop?  Yes____ No____

Number of girls who are participating in this survey:
_____ Daisy  _____ Brownie  _____ Junior  _____ Cadette  _____ Senior  _____ Ambassador

Read these questions to the Girl Scouts and record the total number of Yes and No answers to each question.

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. While doing this patch, did you try something new?</td>
<td>_____</td>
<td>_____</td>
</tr>
<tr>
<td>2. Did you learn something that you will use outside of Girl Scouts?</td>
<td>_____</td>
<td>_____</td>
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<tr>
<td>3. While doing this patch, did you think about something in a new way?</td>
<td>_____</td>
<td>_____</td>
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<tr>
<td>4. Did the girls in your troop work together to complete this patch?</td>
<td>_____</td>
<td>_____</td>
</tr>
<tr>
<td>5. Did you talk to anyone outside your troop about what you learned?</td>
<td>_____</td>
<td>_____</td>
</tr>
<tr>
<td>6. Would you recommend this patch program to another girl?</td>
<td>_____</td>
<td>_____</td>
</tr>
</tbody>
</table>

Return completed form by mail or in person to the Girl Scout Shop, 2300 Ball Dr., St Louis, MO 63146.