GIRL SCOUTS OF EASTERN MISSOURI

SAFETY ACTIVITY CHECKPOINTS – CHALLENGE COURSES, CLIMBING AND RAPELLING AND STABLE APPROVAL

The horseback riding, rock-climbing and rappelling guidelines and checkpoints of *Safety Activity Checkpoints* require that the site areas such as stables, ropes courses or climbing walls be inspected and Council approval obtained. Girl Scouts of Eastern Missouri has conducted site visits to the following facilities. Troop/group leaders are responsible for verifying that standards are being met by reviewing the *Safety Activity Checkpoints* available online at www.girlscoutsem.org that supervision/ instruction is adequate and that appropriate equipment (e.g. helmets) are worn by everyone in the group.

None of the stables listed below have certified first aid personnel, therefore, troops are responsible for providing a first aid kit as well as a First Aider. Also, Camp Manitowa requires troops to bring their own Level 2 First-Aider for High Ropes or Level I First-Aider for Low Ropes.

Safety Activity Checkpoints states that challenge courses, climbing and rappelling sites and stables must provide a Certificate of Insurance (COI) naming Girl Scouts of Eastern Missouri (GSEM) as additional insured with a minimum of $1,000,000 general liability. GSEM requests current COIs from each of these sites.

Individual releases required by program providers for troop, group, district and/or neighborhood (subordinate units) events may be signed by the participant (if of legal age) or the parent or guardian. An adult may not sign for a minor over whom they have no legal authority. Any release required from GSEM (where GSEM is a legal party to the release) will continue to be sent to the Service Center for review and signature by the appropriate Service Center management. For additional information, see Position Paper – Hold Harmless/Indemnification Procedures.

Below are the challenge courses, climbing and rappelling and stables sites that have been inspected and received Council approval. For questions related to approval, or to alert Council staff to safety hazards or hold harmless agreements, call the Girl Scout Service Center in St. Louis at 314.592.2300 or 1.800.727.4475, ext. 2353 or 2337.

Code:

TR=trail rides
P=badge/ programs
TR/P=both
HH=hold harmless agreement acceptable for signature
CT=Climbing Tower
RCW =rock-climbing wall
RPC=ropes course
ARPC=advanced ropes course
RCW/RPC=rock-climbing wall & ropes course
RCW/RPC/ARPC=all of the above

STABLE	CODE	LOCATION	PHONE
➢ Ace Stables	P/TR/HH	I-170 & Natural Bridge St. Louis, MO 63134	314.427.6995
➢ Camp Cedarledge Equestrian Center	See Lead & Learn	8501 Girl Scout Road Pevely, MO 63070	314.592.2300 or 1.800.727.4475, ext. 2353
➢ YMCA Trout Lodge	TR/HH	13528 State Highway AA Potosi, MO 63664	314.241.YMCA
➢ Strong Tower Ranch	P/TR/HH	600 Sunshine Ln Wright City, MO 63390	636.928.5861
➢ Kraus Farms	TR/P	333 Hillsboro Rd High Ridge, MO 63049	636.225.9513
➢ Meramec Adventure Learning Ranch	TR	1203 Meramec Wilderness Steelville, MO 65565	573.775.5513 www.meramecranch.org
ROCK CLIMBING			
➢ O'Fallon Family YMCA	RCW	3451 Pheasant Meadows Dr., O'Fallon, MO 63368	Cathy Nicholson 636.379.0092 ext. 260
➢ YMCA Trout Lodge	RCW/RPC	13528 State Highway AA Potosi, MO 63664	314.241.YMCA or 573.438.2154
➢ Sunnyhill Adventures	RPC/CT	6555 Sunlit Way Dittmer, MO 63023	636.274.9044 or 314.781.4950
➢ Meramec Adventure Learning Ranch	RPC/ARPC	1203 Meramec Wilderness Steelville, MO 65565	573.775.5513 www.meramecranch.com
➢ Chesterfield Sports Fusion	RCW	140 Long Road, Suite 102, Chesterfield, MO 63017	Greg Hoffmann 636.536.6720
➢ Upper Limits	P/RCW	326 S. 21st St. St. Louis, MO 63103	314.241.7625 www.upperlimits.com

		1874 Lackland Hill Parkway, St Louis, MO 63146	314.991.2516
➢ Camp Manitowa	RPC/ARPC/CT	12770 North Benton Rd. Benton, IL 62812	Dan Grabel 314.375.6766 www.campmanitowa.com
CHALLENGE COURSE - ZIP-LINES AND TREE CLIMBS			
➢ Adventure Tree	RPC/HH	Various locations	Guy Mott 508.243.5957 guy@adventuretree.org www.adventuretree.org
➢ Camp Tuckaho Outdoor Adventure Course	See Lead & Learn	163 Tuckaho Lane Troy, MO 63379	314.592.2300 or 1.800.727.4475, ext. 2346
➢ Eagle Falls Ranch	RPC/HH	HC R1 Box 27 Eminence, MO 65466	Shawn Nye 573.226.5025 www.flyeaglefalls.com
➢ EcoZipline Tours	RPC/HH	487 S Highway 19 New Florence, MO 63363	Mike Seper 314.456.1444 www.ecoziplinetours.com
➢ Missouri Botanical Gardens - Tree Climbs by Vertical Voyages	RPC/HH	Missouri Botanical Garden 4344 Shaw Blvd. St. Louis, MO 63110 Shaw Nature Reserve 44 Missouri 100 Gray Summit, MO 63039	For more information and to register 314.577.9506 www.mobot.org

NOTE: Troops that know of challenge courses, climbing and rappelling sites and stables that meet *Safety Activity Checkpoints* and they would like it/them to be added to this list should contact the Girl Scout Service Center in St. Louis at the above telephone numbers.